

THE BAY AREA'S BEST VALUE FOR PROFESSIONAL GOLF INSTRUCTION... BAR NONE.

# FLEX

P R O G R A M



## Monthly Golf Education

*The time has come for you to improve your game in a fresh new way at The Learning Center at Lake Chabot Golf Course.*

Monthly Plans Starting at:

# \$59

### Class Topics:

#### *Full Swing*

Swing Path, Club Face, Body Turns  
Dynamic Balance, Alignment, Proper Practice,  
Tempo, Video Analysis

#### *Putting*

Speed, Break, Alignment, Proper Practice

#### *Chipping/Pitching*

Technique, Distance Control, Alignment

#### *Speciality Classes*

Driver, Fairway Wood/Hybrids, Bunkers

#### *On Course Instruction*

3 Hole Play

The FLEX program provides you with professional golf instruction with the ease of a simple workout membership. The learning formula of **FREQUENCY with SUPPORT** is the best way to get desired results. We understand that each person only has so much time to practice and everybody learns differently. With the convenience of signing up online for a wide variety of daily classes and monthly packages to choose from, we have made it easy to learn at your own pace. This program allows each person to work on their most pressing needs in a structured setting with Professionals accessing their progress for better results. Along with the support of the instructor, we include the support of Lake Chabot Golf Course by giving our students discounts to the range and golf course at the lowest member pricing available. The FLEX Program is the best value for professional golf instruction in the Bay Area, BAR NONE!

LEARN AND PLAY,  
**HERE!**

The Premiere Practice Club is now included with select FLEX Memberships

For more Information please contact:

**Dalton Limberg**

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THE LEARNING CENTER  
AT LAKE CHABOT GOLF COURSE

# lakechabotgolf.com

# FLEX PROGRAM

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## PRICING:

All prices reflect monthly fees - All pricing subject to change

### FLEX Maintenance Plan \$59

Access to Two Semi-private Sessions Per Month  
OR One 30 Minute Private Session

### Ultra FLEX Plan \$149

Access to Eight Semi-private Sessions Per Month  
OR Two One Hour Private Sessions  
Premiere Practice Club Membership

### Standard FLEX Plan \$99

Access to Four Semi-private Sessions Per Month  
OR One Hour Private Session  
Premiere Practice Club Membership

### FLEX Union Plan \$149

Access to Four Semi-private Sessions Per Month Per  
Person OR One Hour Private Session Per Person  
Premiere Practice Club Membership

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*6 The Easy Way - Prepay for 6 months and receive special pricing.  
All FLEX Members may take private lessons for \$50 per session.  
Additional classes can be purchased for \$20 each.*

### PREMIERE PRACTICE CLUB MEMBERSHIP

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One Large Basket of Range Balls Per Day  
Half Price for Any Additional Range Balls  
\$19 Monday-Friday Before 8am and \$29 After 8am  
\$20 Monday-Friday Twilight and \$11 Super Twilight  
\$29 Weekend and Holidays Twilight and \$19 Super Twilight  
\$1 Green fees Monday-Sunday on the Par 3 course  
10% Off Merchandise  
\*all green fees include golf cart

### 24/7 ACCESS TO LESSON NOTES

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Every FLEX member gets the support they need with the integration of the CoachNow coaching platform  
Upon sign up for your first session a CoachNow account set up email will be sent  
Benefits of CoachNow access include personal notes and swing videos that are available for your reference

### How To Sign-up...

#### Step 1:

Go to [lakechabotgolf.com](http://lakechabotgolf.com) and find the Learning Center page.

#### Step 2:

Under FLEX Program, Click "Schedule Now" tab.  
This takes you to Schedulicity.

#### Step 3:

Find **any class** that fits your schedule.  
Recommended classes for first time students are body turns, swing path, club face, chipping & pitching technique, and putting speed.

#### Step 4:

Register by creating a Username and Password along with adding your email. **Take note:** this info is needed to register for each class.

#### Step 5:

Attend your first **FLEX class** and start on your path to a better game.

For more Information please contact:

**Dalton Limberg**

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THE LEARNING CENTER AT LAKE CHABOT GOLF COURSE  
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